**Conditioning Hiking Series Course – Resources**

**Admin Team:**

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**www.Mountaineers.org**

To check hikes offered by the Olympia Branch of the Mountaineers:

<https://www.mountaineers.org/activities/activities#b_start=0&c4=Day+Hiking&c8=Olympia>

**FACEBOOK:**

Olympia Mountaineers: <https://www.facebook.com/OlympiaMountaineers/>

Conditioning Hiking Group – Olympia Branch – The Mountaineers: <https://www.facebook.com/groups/1468079543267155/>

Hiking & Backpacking Group Olympia Mountaineers: <https://www.facebook.com/groups/796024173868030/>

Washington Hikers & Climbers: <https://www.facebook.com/search/top/?q=washington%20hikers%20and%20climbers>

PNW Outdoor Women <https://www.facebook.com/groups/pnwoutdoorwomem/>

Hiking in the Pacific Northwest <https://www.facebook.com/groups/827903490562167/>

Washington State Hiking, Trails & The Great Outdoorsttps://www.facebook.com/groups/584432991588704/

**Other Resources:**

Washington Trails Association: <https://www.wta.org/>

Mountain Weather Forecasts: <https://www.mountain-forecast.com/>

Northwest Avalanche Center: <https://www.nwac.us/>

CalTopo Maps: <https://caltopo.com>

Gear Reviews, hiking knowledge and lore: <https://www.hiking-for-her.com/>

Gear Reviews: <http://www.trailspace.com/>

Printable medical/ID card